



SOUPS & SALADS

 **TOMATO ARTICHOKE**
 Our signature soup! A creamy blend of tomatoes, artichokes and basil
 Cup 3.99 | Bowl 4.99

HOMEMADE SOUP OF THE DAY
 Please ask your server for today's offering Cup 3.99 | Bowl 4.99

 **CHEDDAR BOX HOUSE SALAD**
 A blend of romaine with bell peppers, carrots and red onions.
 Topped with spicy pecans, Parmesan cheese and balsamic dressing
 Small 6.49 | Large 9.49

CORNBREAD SALAD
 Chopped romaine topped with crumbled cornbread, black beans, tomatoes, corn, cheddar cheese and ranch dressing Small 6.99 | Large 9.99


MIXED FIELD GREENS
 Ruby Red Arcadian lettuce mix with mandarin oranges, strawberries, red onion, walnuts and blue cheese with your choice of dressing Small 6.99 | Large 9.99

TACO CHICKEN SALAD
 Chicken with cabbage, beans, cheddar, and salsa. Served warm with tortilla chips 9.99

SPECIALTY SALADS OF THE DAY
 Please ask your server for today's selection

TUNA SALAD
 Albacore tuna with Granny Smith apples, sweet pickle relish and our homemade mayonnaise. Served on greens 9.49

HOMEMADE CHICKEN SALADS
 Made daily with only the freshest ingredients and served on a bed of mixed greens.
World Famous: With our homemade mayonnaise and celery 9.49
Curry: With our homemade chutney mayonnaise, red onion, celery, grapes and almonds 9.99

 **Honey Pecan:** With our homemade honey mayonnaise, dried cranberries, celery and pecans 9.99

HOMEMADE DRESSINGS


Balsamic, Dijon or Raspberry Vinaigrette, Bleu Cheese or Peppercorn Ranch

PASTAS

 **DERBY**
 Penne pasta tossed with bell peppers, asparagus, sun-dried tomatoes and feta cheese with a sweet red wine vinaigrette 8.99

LEMON PARMESAN
 Angel hair pasta tossed with bell peppers, artichokes, scallions, broccoli and our creamy lemon Parmesan dressing 8.99

PRIMAVERA
 Bow tie pasta with broccoli, carrots, bell peppers, sun-dried tomatoes, Parmesan and a lemon basil vinaigrette 8.99

 **BLACK BEAN RAVIOLI**
 Stuffed pasta with black beans, red peppers and Parmesan tossed in our chipotle lime sauce with bell peppers, onions and served warm 11.99

ADD TO ANY SALAD OR PASTA
 Grilled chicken, a scoop of chicken or tuna salad 3.49
 Sweet Chili Chicken 4.49

SANDWICHES

Served with Sun Chips and a pickle on whole wheat, white or marble rye bread. *These items are not available in a combo


 **EAST MEETS WEST** Smoked turkey, Jarlsberg Swiss, chutney mayonnaise and lettuce 8.99

"LOUAVULL'S" FAVORITE
 Seasoned top round roast beef with Stilton mayonnaise and Henry Bain's sauce with lettuce 9.49

BLT Applewood smoked bacon, lettuce, tomato and mayonnaise on toasted bread 9.99

WORLD FAMOUS Our homemade chicken salad with mayonnaise and lettuce 9.49

"IT AIN'T EASY BEING GREEN"
 Our homemade benedictine with Applewood smoked bacon, mayonnaise and lettuce 8.99


 **HONEY PECAN** Our homemade honey pecan chicken salad with mayonnaise and lettuce 9.49

CHARLIE'S FAVORITE Our homemade Albacore tuna salad with mayonnaise and lettuce 8.99

GOOD THINGS TO EAT Grilled chicken, lettuce, tomato and sprouts with caper Gorgonzola mayonnaise 9.99

SOUTHERN PRIDE Thinly-sliced country ham with mayonnaise and lettuce 8.99

H₂O Maple glazed ham, Jarlsberg Swiss, champagne mustard, mayonnaise and lettuce 8.99

 **SAY CHEESE** Our homemade sharp cheddar pimento cheese with mayonnaise and lettuce 8.99

SWEET DREAMS Our homemade curry chicken salad with chutney mayonnaise and lettuce 9.49

SMOKED TURKEY ROLL UP
 Flour tortilla with turkey, Jarlsberg Swiss, chutney mayonnaise, lettuce, tomato and sprouts 6.99

***PORK BBQ**
 Hickory Smoked Pulled Pork on a sesame seed bun 8.99

 ***THE NEW YORKER** Pastrami, Jarlsberg Swiss, spicy brown mustard and mayonnaise on toasted rye 9.99

***VEGGIE DELIGHT** Grilled vegetables with mozzarella and pesto mayonnaise 9.99

COMBINATIONS

SOUP & SALAD

A cup of soup with your choice of any salad or pasta 9.49



SOUP & SANDWICH

A cup of soup and your choice of half sandwich 9.49

SALAD & SANDWICH

Your choice of half sandwich and any salad or pasta 10.99

TRIFECTA

A sample of any three pastas, salads, sides or soup 10.99

SALAD DUO

Your choice of any two salads or pastas 9.99

ENTRÉES

GRILLED CHICKEN BLACK BEAN BURRITO

Flour tortilla stuffed with grilled chicken, cheddar cheese, black beans and rice. Served with tortilla chips, sour cream, salsa, lettuce and cheddar cheese 10.99



SWEET CHILI CHICKEN

Fried chicken breast mixed with a sweet chili sauce, then topped with scallions and peanuts and served with rice 9.99

LASAGNA

Layers of fresh pasta, mozzarella and our blend of ground beef, mild Italian sausage, marinara and spices. 11.49

BRIE & CRANBERRY STUFFED CHICKEN

With an apricot brandy glaze. Served with rice pilaf 10.99

DAILY SPECIAL

We offer a variety of entrée specials daily. Please ask your server about today's selection.

SIDES 3.49

FRESH FRUIT SALAD

HOMEMADE MACARONI & CHEESE

DOUBLE STUFFED POTATO

BROCCOLI

ASPARAGUS

VEGETABLE OF THE DAY

BEVERAGES

ICED TEA, SWEETENED ICED TEA (with freshly squeezed oranges), SPRITE, COKE, ROOT BEER, DIET COKE, CAFFEINE-FREE DIET COKE, PINK LEMONADE, COFFEE, DECAF COFFEE & HOT TEA

TRY OUR BOX LUNCHES FOR YOUR NEXT MEETING!

BOX LUNCH MENU

BOX LUNCHES MUST BE ORDERED 24 HOURS IN ADVANCE

Call 245-2622 or fax us at 254-7326

Delivery available for an additional charge

BASIC BOX

Sandwich, chips, pickle and dessert - 11.49

LUNCH BOX

Sandwich, fresh fruit or pasta, chips, pickle and dessert - 13.49

CHEDDAR BOX

Sandwich, fresh fruit, pasta, chips, pickle and dessert - 15.49

PASTA BOX

Pasta salad, fresh fruit, French bread and dessert - 13.49

Your choice of any sandwich or pasta from our menu

DESSERT

Your choice of any dessert bar or cookie

Also available, buffet style served on disposable platters and bowls for an additional charge.